

Feel more confident about injecting KEVZARA.

Step-by-step resources to help guide you.

“I’m moving to a
better today.”

YOLANDA | KEVZARA patient



Please see Indication and Important Safety Information throughout, and full [Prescribing Information](#) and [Medication Guide](#), including risk of SERIOUS SIDE EFFECTS, and [Instructions for Use](#).

KEVZARA[®]
(sarilumab)

“Self-inject” doesn’t have to mean “**figure it out by yourself.**”

WHAT IS KEVZARA?

KEVZARA® (sarilumab) is an injectable prescription medicine called an interleukin-6 (IL-6) receptor blocker. KEVZARA is used to treat adult patients with moderately to severely active rheumatoid arthritis (RA) after at least one other medicine called a disease-modifying antirheumatic drug (DMARD) has been used and did not work well or could not be tolerated.

IMPORTANT SAFETY INFORMATION

KEVZARA can cause serious side effects including:

- **SERIOUS INFECTIONS:** KEVZARA is a medicine that affects your immune system. KEVZARA can lower the ability of your immune system to fight infections. Some people have had serious infections while using KEVZARA, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections. Your healthcare provider should test you for TB before starting KEVZARA. Your healthcare provider should monitor you closely for signs and symptoms of TB during treatment with KEVZARA.

This step-by-step guide can help you be more comfortable injecting.

Starting a new treatment can be overwhelming. So we thought it would be helpful to have a resource that takes you through the right way to take KEVZARA, one step at a time. Be sure to also review the full Instructions for Use that comes with your prescription.

Don't try to inject KEVZARA until your doctor has shown you the right way to give the injections. And once trained, take your time going through these instructions on your own, or with a loved one at home.

Depending on your experience and comfort level, your doctor may choose to prescribe the KEVZARA pre-filled pen or pre-filled syringe.



The KEVZARA pre-filled syringe and pen received an **Ease of Use Commendation** from the Arthritis Foundation after independent testing by experts and evaluation by patients with arthritis.



Skip to:

[Injecting with the KEVZARA pre-filled pen](#)

[Injecting with the KEVZARA pre-filled syringe](#)

[Important things to remember](#)

The KEVZARA pre-filled pen.

Your KEVZARA pre-filled pen is designed to be easy to use.

The KEVZARA pre-filled pen was researched, designed, and tested with the help of RA patients like you. From the very start, it was created with the unique needs of people who have RA in mind.

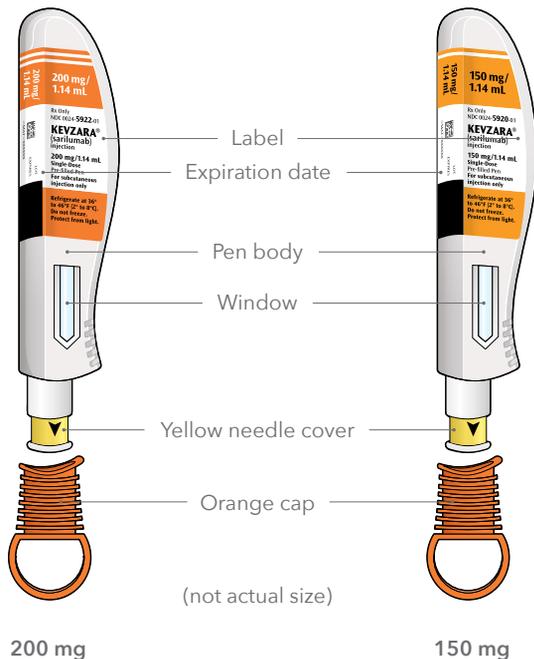
- It's designed so you can comfortably grip it
- The needle cap is large, and just a twist or pull will remove it from the pen
- And there's no button to press to give yourself the injection

In fact, the KEVZARA pre-filled pen received an **Ease of Use Commendation** from the Arthritis Foundation after independent testing by experts and evaluation by patients with arthritis.

If you prefer to watch and learn, you can always check out our video on how to self-inject any time at [KEVZARA.com/pen](https://www.kevzara.com/pen).

The KEVZARA pre-filled pen instructions for use.

First, let's take a look at your pen's features.



There are 2 steps to successfully inject KEVZARA.

Step A: Get ready for an injection

Before you get started, we'll show you how to gather the right materials, check your medication, and then how to select and prepare the injection site.

Step B: Perform the injection

Once you're ready to go, it's time to learn the proper way to give yourself an injection. And don't forget, safely disposing of your pen is just as important as safely injecting.

What you'll need for your injections:

- An unused KEVZARA pre-filled pen
- Alcohol wipe
- Cotton ball or gauze
- Sharps disposal container

♥ Caregiver Corner

Giving injections to a loved one? The first few times can be the toughest. Try to relax and talk to each other throughout the process. In time, you'll be old pros at it.

Check out these KEVZARA injection do's and don'ts.

There's a lot to remember, so we've put together a quick summary of what to do—and what not to do—when using KEVZARA.

Do:

- ✓ **Read all of the instructions carefully** before using the pre-filled pen
- ✓ Keep unused pens in the original carton and store **in the refrigerator between 36°F and 46°F (2°C and 8°C)**
- ✓ **Keep the carton in an insulated bag** with an ice pack when traveling
- ✓ Let the pen **warm up at room temperature** for at least 60 minutes before using
- ✓ Use the pen within **14 days** after taking it out of the refrigerator or insulated bag
- ✓ **Keep the pen, and all medicines, out of the reach of children**

Do not:

- ✗ **Do not** use the pre-filled pen if it has been damaged or the orange cap is missing or not attached. Return the pen and the package it came in to your pharmacy
- ✗ **Do not** remove the orange cap until just before you are ready to inject
- ✗ **Do not** touch the yellow needle cover
- ✗ **Do not** try to put the orange cap back on the pen
- ✗ **Do not** reuse the pen
- ✗ **Do not** freeze or heat up the pen
- ✗ **Do not** expose the pen to direct sunlight
- ✗ **Do not** inject through your clothes

Step A: Get ready for an injection

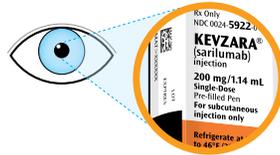
The steps for taking a 200 mg/1.14 mL or 150 mg/1.14 mL dose of KEVZARA are the same. Here, we'll show the 200 mg pen. You should use the dose your doctor prescribed.

1. Prepare all the equipment you will need on a clean, flat working surface.

- ✓ Take 1 pen out of the packaging by holding the middle of the pen body. **Do not** remove the orange cap until you are ready to inject
- ✓ Keep the remaining pen in the carton in the refrigerator

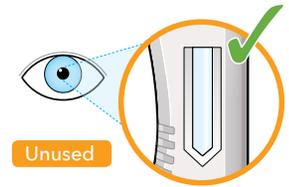
2. Look at the label.

- ✓ Check that you have the correct medicine and the correct dose
- ✓ Check the expiration date. This is shown on the side of the pen
- ✗ **Do not** use the pen if the expiration date has passed

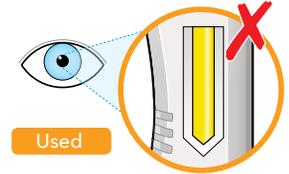


3. Look at the window.

- ✓ Check that the liquid is clear and colorless to pale yellow
- ✓ You may see air bubbles. This is normal



- ✗ **Do not** inject if the liquid is cloudy, discolored or contains particles. Safely throw away (dispose of) the pen in a sharps container and get a new one



- The window is clear when the pen is unused. The window will turn solid yellow after the pen has been used
- ✗ **Do not** use if the window is solid yellow. Safely dispose of the pen in a sharps container and get a new one

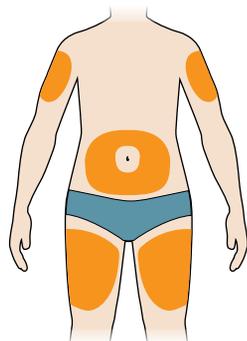
4. Lay the pen on a flat surface and allow it to warm up at room temperature for at least 60 minutes.

- ✓ Using the pen at room temperature may make the injection more comfortable
- ✗ **Do not** use the pen if it has been out of the refrigerator for more than 14 days
- ✗ **Do not** try to warm the pen in any other way



5. Select the injection site.

- ✓ You can inject into your thigh or belly (abdomen) except for the area 2 inches (5 cm) around your belly button (navel)
- ✓ If somebody else gives you the injection, you can also use the outer area of the upper arm
- ✓ Change the injection site each time you inject
- ✗ Do not inject into skin that is tender, damaged or has bruises or scars



● Injection sites

6. Prepare the injection site.

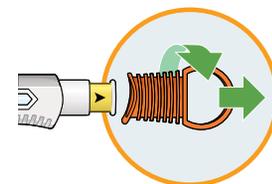
- ✓ Wash your hands
- ✓ Clean the skin at the injection site with an alcohol wipe and let it air dry before injecting
- ✗ Do not touch the injection site again before the injection

Step B: Give the injection

Complete Step B only after completing Step A "Get ready for an injection"

1. Twist or pull off the orange cap.

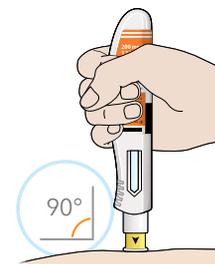
- ✗ Do not remove the orange cap until you are ready to inject
- ✗ Do not touch the yellow needle cover



- ✗ Do not put the orange cap back on

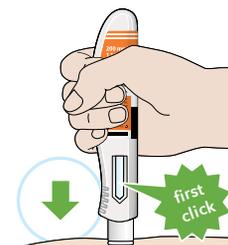
2. Put the yellow needle cover on your skin at about a 90° angle.

- ✓ Make sure you can see the window



3. Press down and hold the pen firmly against your skin.

- ✓ There will be a "click" when the injection starts



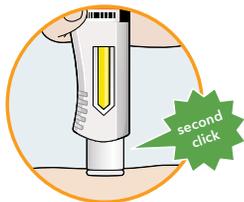
4. Keep holding the pen firmly against your skin.

- ✓ The window will start to turn solid yellow
- ✓ The injection can take up to 15 seconds



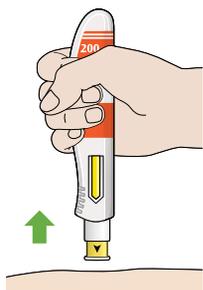
5. There will be a second click when the injection is complete. Check to see if the entire window has turned solid yellow before you remove the pen.

- If you do not hear the second click, you should still check to see if the entire window has turned solid yellow
- If the entire window does not turn solid yellow, this means that you may not have received your full dose of medicine. Call your healthcare provider right away



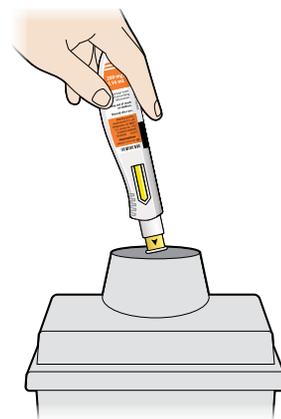
6. Remove the pen from your skin.

- After you remove the pen from your skin, the needle will be covered automatically
- ✓ If you see any blood at the injection site, press a cotton ball or gauze on the site
- ✗ Do not rub the injection site



7. Dispose of the pen.

- ✓ The KEVZARA pre-filled pen should not be reused
- ✓ Put the used pen into your FDA-cleared sharps disposal container or a puncture resistant container (see page 28 "How should I dispose of KEVZARA?")
- ✗ Do not put the orange cap back on



Please see pages [27-28](#) for instructions on how to dispose of your used pen.

♥ Caregiver Corner

You'll find another great resource to learn how to properly inject—and take care of—KEVZARA at [KEVZARA.com/pen](https://www.kevzara.com/pen). Give it a try.

The KEVZARA pre-filled syringe.



Using your KEVZARA pre-filled syringe.

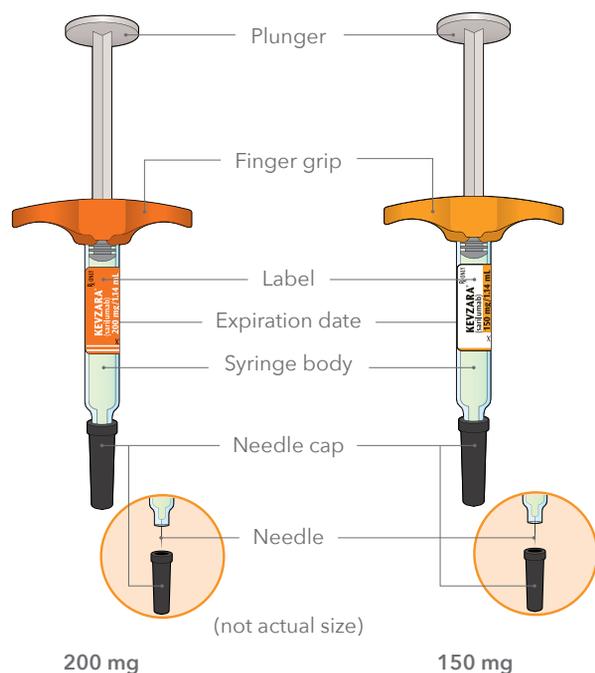
Some people are more comfortable with the idea of injecting with a syringe. We understand. That's why KEVZARA also comes in a pre-filled syringe. Like the KEVZARA pre-filled pen, the KEVZARA pre-filled syringe was developed with you in mind.

In fact, the KEVZARA pre-filled syringe also received an **Ease of Use Commendation** from the Arthritis Foundation after independent testing by experts and evaluation by patients with arthritis.

If you prefer to watch and learn, you can always check out our video on how to self-inject any time at [KEVZARA.com/syringe](https://www.kevzara.com/syringe).

The KEVZARA pre-filled syringe instructions for use.

First, let's take a look at your syringe's features.



There are 2 steps to successfully inject KEVZARA.

Step A: Get ready for an injection

Before you get started, we'll show you how to gather the right materials, check your medication, and then how to select and prepare the injection site.

Step B: Perform the injection

Once you're ready to go, it's time to learn the proper way to give yourself an injection. And don't forget, safely disposing of your syringe is just as important as safely injecting.

What you'll need for your injections:

- A new KEVZARA pre-filled syringe
- Alcohol wipe
- Cotton ball or gauze
- Sharps disposal container

♥ Caregiver Corner

Giving injections to a loved one? The first few times can be the toughest. Try to relax and talk to each other throughout the process. In time, you'll be old pros at it.

Check out these KEVZARA injection do's and don'ts.

There's a lot to remember, so we've put together a quick summary of what to do—and what not to do—when using KEVZARA.

Do:

- ✓ **Read all of the instructions carefully** before using KEVZARA
- ✓ Keep unused syringes in the original carton and store **in the refrigerator between 36°F and 46°F (2°C and 8°C)**
- ✓ **Keep the carton in an insulated bag** with an ice pack when traveling
- ✓ Let the syringe **warm up at room temperature** for at least 30 minutes before use
- ✓ Use the syringe within **14 days** after taking it out of the refrigerator or insulated bag
- ✓ **Keep KEVZARA, and all other medicines, out of the reach of children**

Do not:

- ✗ **Do not** use the syringe if it has been damaged or if the needle cap is missing or not attached. Return the syringe and the package it came in to your pharmacy
- ✗ **Do not** remove the needle cap until just before you are ready to inject
- ✗ **Do not** touch the needle
- ✗ **Do not** reuse the syringe or try to put the cap back on
- ✗ **Do not** freeze or heat up the syringe
- ✗ **Do not** expose the syringe to direct sunlight
- ✗ **Do not** inject through your clothes

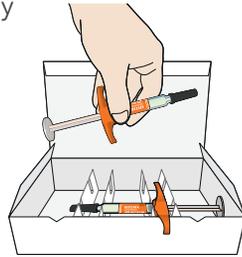
Step A:

Get ready for an injection

The steps for taking a 200 mg or 150 mg dose of KEVZARA are the same. In this guide we'll show the 200 mg syringe. You should use the dose your healthcare provider prescribed.

1. Prepare all the equipment you will need on a clean, flat working surface.

- ✓ Take 1 syringe out of the package by holding the middle of the syringe body
- ✗ **Do not** hold the syringe by the plunger, finger grip, or needle cap. **Do not** pull off the needle cap until you are ready to inject
- ✓ Keep the remaining syringe in the carton in the refrigerator



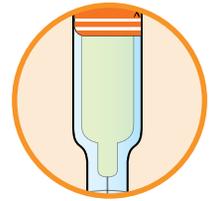
2. Look at the label.

- ✓ Check that you have the correct medicine and the correct dose
- ✓ Check the expiration date
- ✗ **Do not** use the syringe if the expiration date has passed



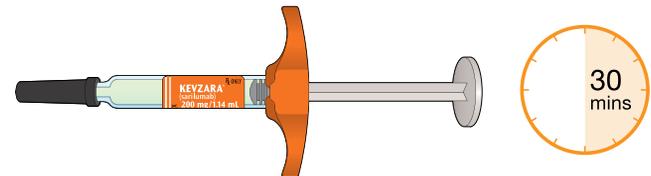
3. Look at the medicine.

- ✓ Check to see if the liquid in the syringe is clear and colorless to pale yellow
- ✓ You may see air bubbles. This is normal
- ✗ **Do not** inject if the liquid is cloudy, discolored, or contains particles. Safely dispose of the syringe in a sharps container and get a new one



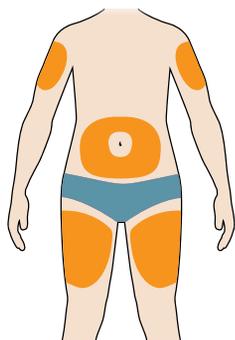
4. Lay the syringe on a flat surface and allow it to warm up at room temperature for at least 30 minutes.

- ✓ Using the syringe at room temperature may make the injection more comfortable
- ✗ **Do not** use the syringe if it has been out of the refrigerator for more than 14 days
- ✗ **Do not** put the syringe back in the refrigerator after it reaches room temperature
- ✗ **Do not** try to warm the syringe in any other way



5. Select the injection site.

- ✓ You can inject into the front of your thigh or your belly (abdomen), but not the area 2 inches (5 cm) around your belly button (navel)
- ✓ If somebody else gives you the injection, you can also use the upper arm
- ✓ Change the injection site each time you inject
- ✗ Do not inject into skin that is tender, damaged, or has bruises or scars



● Injection sites

6. Prepare the injection site.

- ✓ Wash your hands
- ✓ Clean the skin at the injection site with an alcohol wipe and let it air dry before injecting
- ✗ Do not touch the injection site again before the injection

Step B: Give the injection

Perform Step B only after completing Step A: Get ready for an injection.

1. Pull off the needle cap.

- ✓ Hold the syringe in the middle of the syringe body with the needle pointing away from you
- ✓ Keep your hand away from the plunger
- ✗ Do not get rid of any air bubbles in the syringe
- ✗ Do not pull off the needle cap until you are ready to inject
- ✗ Do not put the needle cap back on

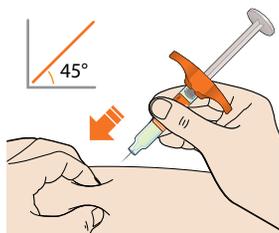


2. Pinch the skin.

- ✓ Use your thumb and first (index) finger to pinch a fold of skin at the cleaned injection site

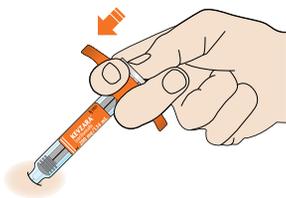


3. Insert the needle into the fold of skin at roughly about a 45° angle.



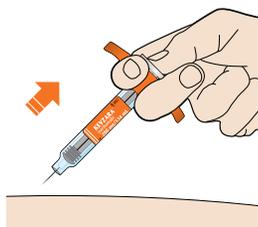
4. Push the plunger down.

- ✓ Slowly push the plunger down as far as it will go until the syringe is empty



5. Before you remove the needle, check that the syringe is empty.

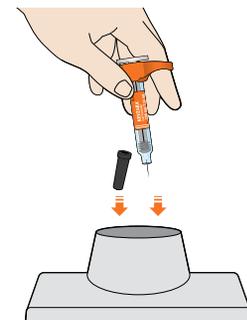
- ✓ Pull the needle out at the same angle as inserted
- ✓ If you see any blood at the injection site, press a cotton ball or gauze on the site



✗ Do not rub the injection site

6. Dispose of the syringe.

- ✗ Do not reuse the syringe
- ✓ Put the used syringe into your FDA-cleared sharps disposal container or a puncture resistant container (see page 28 “How do I dispose of KEVZARA?”)
- ✗ Do not put the needle cap back on



See pages 27–28 for instructions on how to dispose of your used syringe.

♥ Caregiver Corner

You'll find another great resource to learn how to properly inject—and take care of—KEVZARA at [KEVZARA.com/syringe](https://www.kevzara.com/syringe). Give it a try.

Important info to remember.



Always keep the sharps disposal container out of the reach of children.

KEVZARA offers a free sharps disposal container mail-back program.

Visit KEVZARA.com or call 1-844-KEVZARA (1-844-538-9272), and sign up today for a free, safe, and easy way to dispose of your used KEVZARA. After joining the program, we'll send you a free sharps disposal container and mail-back box.

How should I dispose of KEVZARA?

To dispose of your used pens or syringes:

- Put the used pen or syringe in an FDA-cleared sharps disposal container right away after use. **Do not** throw away (dispose of) in your household trash
- If you do not have an FDA-cleared sharps disposal container, you may use a household container that is:
 - made of a heavy-duty plastic,
 - can be closed with a tight-fitting, puncture-resistant, lid, without sharps being able to come out,
 - upright and stable during use,
 - leak-resistant, and
 - properly labeled to warn of hazardous waste inside the container
- When your sharps disposal container is almost full, you will need to follow your community guidelines for the right way to dispose of your sharps disposal container. There may be state or local laws about how you should throw away used needles and syringes. For more information about safe sharps disposal, and for specific information about sharps disposal in the state that you live in, go to the FDA's website at: <http://www.fda.gov/safesharpsdisposal>
- **Do not** reuse the pen or syringe
- **Do not** dispose of your used sharps disposal container in your household trash unless your community guidelines permit this. **Do not** recycle your used sharps disposal container

Storing your KEVZARA correctly.

Remember to keep your treatment cool.

Make sure you store your KEVZARA in the refrigerator. Once removed from the refrigerator, you must use your KEVZARA within **14 days** or dispose of it, even if it's full.

How should I store KEVZARA?

- Store KEVZARA in the refrigerator at 36°F to 46°F (2°C to 8°C). Store KEVZARA in the original carton until use to protect it from light
- Do not freeze KEVZARA
- Do not shake KEVZARA
- KEVZARA may be stored at room temperature up to 77°F (25°C) for up to 14 days in the original outer carton
- Throw away KEVZARA if it has been kept at room temperature and not been used within 14 days

Taking a trip? Take KEVZARA with you.

Whether you're traveling by plane, train, or automobile, here are some tips that may help you along:

- Protect your KEVZARA by keeping it in its original carton inside an insulated travel bag
- Use ice packs to keep KEVZARA cool at 36°F to 46°F (2°C to 8°C)
- If the pen or syringe is left at room temperature for more than 14 days, don't use it and call KevzaraConnect® at **1-844-KEVZARA** (1-844-538-9272)
- KEVZARA should never be in direct contact with the ice packs
- If you're flying, make sure to carry your KEVZARA on the plane and to clear it with airport security first
- Make sure your ice packs are completely frozen when going through airport security—otherwise they may be taken away
- Before making travel reservations, ask about options for safe needle disposal. Some hotels and cruises will safely dispose of it for you
- If not, bring a travel sharps container to hold your used pens or needles until you can properly throw them away

WHAT IS KEVZARA?

KEVZARA® (sarilumab) is an injectable prescription medicine called an interleukin-6 (IL-6) receptor blocker. KEVZARA is used to treat adult patients with moderately to severely active rheumatoid arthritis (RA) after at least one other medicine called a disease-modifying antirheumatic drug (DMARD) has been used and did not work well or could not be tolerated.

IMPORTANT SAFETY INFORMATION

KEVZARA can cause serious side effects including:

- **SERIOUS INFECTIONS:** KEVZARA is a medicine that affects your immune system. KEVZARA can lower the ability of your immune system to fight infections. Some people have had serious infections while using KEVZARA, including tuberculosis (TB), and infections caused by bacteria, fungi, or viruses that can spread throughout the body. Some people have died from these infections. Your healthcare provider should test you for TB before starting KEVZARA. Your healthcare provider should monitor you closely for signs and symptoms of TB during treatment with KEVZARA.

- Before starting KEVZARA, tell your healthcare provider if you
 - think you have an infection or have symptoms of an infection, with or without a fever. Symptoms may include sweats or chills, muscle aches, a cough, shortness of breath, blood in your phlegm, weight loss, warm, red, or painful skin or sores on your body, diarrhea or stomach pain, burning when you urinate or urinating more often than normal, if you feel very tired, or if you are being treated for an infection, get a lot of infections or have repeated infections
 - have diabetes, HIV, or a weakened immune system

- have TB, or have been in close contact with someone with TB
- live or have lived, or have traveled to certain parts of the country (such as the Ohio and Mississippi River valleys and the Southwest) where there is an increased chance of getting certain fungal infections (histoplasmosis, coccidioidomycosis, or blastomycosis)
- have or have had hepatitis
- After starting KEVZARA, call your healthcare provider right away if you have any symptoms of an infection.

- **CHANGES IN CERTAIN LABORATORY TEST RESULTS:**

Your healthcare provider should do blood tests before and after starting KEVZARA to check for low neutrophil (white blood cells that help the body fight off bacterial infections) counts, low platelet (blood cells that help with blood clotting and stop bleeding) counts, and an increase in certain liver function tests. Changes in test results are common with KEVZARA and can be severe. You may also have changes in other laboratory tests, such as your blood cholesterol levels. Your healthcare provider should do blood tests 4 to 8 weeks after starting KEVZARA and then every 6 months during treatment to check for an increase in blood cholesterol levels.

- **TEARS (PERFORATION) OF THE STOMACH OR**

INTESTINES: Tell your healthcare provider if you have had a condition known as diverticulitis (inflammation in parts of the large intestine) or ulcers in your stomach or intestines. Some people using KEVZARA had tears in their stomach or intestine. This happens most often in people who also take nonsteroidal anti-inflammatory drugs (NSAIDs), corticosteroids, or methotrexate. Call your healthcare provider right away if you have fever and stomach (abdominal) pain that does not go away.

IMPORTANT SAFETY INFORMATION (cont'd)

- **CANCER:** KEVZARA may increase your risk of certain cancers by changing the way your immune system works. Tell your healthcare provider if you have ever had any type of cancer.
- **SERIOUS ALLERGIC REACTIONS:** Serious allergic reactions can happen with KEVZARA. Get medical attention right away if you have any of the following signs: shortness of breath or trouble breathing; feeling dizzy or faint; swelling of your lips, tongue, or face; moderate or severe stomach (abdominal) pain or vomiting; or chest pain.
- Do not use KEVZARA if you are allergic to sarilumab or any of the ingredients of KEVZARA.
- Before using KEVZARA, tell your healthcare provider if you
 - have an infection
 - have liver problems
 - have had stomach (abdominal) pain or a condition known as diverticulitis (inflammation in parts of the large intestine) or ulcers in your stomach or intestines
 - recently received or are scheduled to receive a vaccine. People who take KEVZARA should not receive live vaccines
 - plan to have surgery or a medical procedure
 - are pregnant or plan to become pregnant. It is not known if KEVZARA will harm your unborn baby
 - are breastfeeding or plan to breastfeed. Talk to your healthcare provider about the best way to feed your baby if you use KEVZARA. It is not known if KEVZARA passes into your breast milk
 - take any prescription or nonprescription medicines, vitamins, or herbal supplements. It is especially important to tell your healthcare provider if you use

- any other medicines to treat your RA. Using KEVZARA with these medicines may increase your risk of infection
- medicines that affect the way certain liver enzymes work. Ask your healthcare provider if you are not sure if your medicine is one of these
- The most common side effects include:
 - injection site redness
 - upper respiratory tract infection
 - urinary tract infection
 - nasal congestion, sore throat, and runny nose

These are not all of the possible side effects of KEVZARA. Tell your doctor about any side effect that bothers you or does not go away. You are encouraged to report side effects of prescription drugs to the FDA at www.fda.gov/medwatch or call 1-800-FDA-1088.

To learn more, talk about KEVZARA with your healthcare provider or pharmacist. The FDA-approved Medication Guide and Prescribing Information can be found at KEVZARA.com or by calling **1-844-KEVZARA** (1-844-538-9272).

Another great resource available to you 24/7

KEVZARA.com was created to provide you with information you can use, whether you're learning more about KEVZARA, just starting your medication, or are looking for lifestyle tips and ideas to help you in your day-to-day life.

KEVZARA[®]
(sarilumab)

Still have a question or two?

Trained KevzaraConnect[®] Nurse Educators are available to give you answers over the phone. Just call us at **1-844-KEVZARA** (1-844-538-9272).

Please see full Prescribing Information, Medication Guide, including risk of **SERIOUS SIDE EFFECTS, and Instructions for Use.**

If you have been prescribed KEVZARA 150 mg, please refer to the Instructions for Use contained in the KEVZARA 150 mg carton.

SANOFI GENZYME  **REGENERON**

© 2019 Sanofi and Regeneron Pharmaceuticals, Inc. All Rights Reserved.

SAUS.SARI.18.02.0695a(1)

09/19